

SOUTHERN NEVADA YOUTH RESOURCE GUIDE

SUPPORTING LOCAL 12-25 YEAR-OLDS WITH
HOUSING HELP, SUPPLIES, SERVICES, & MORE

PRESENTED BY



Youth Excellence & Achievement
Through REAL Law Experiences



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<https://projectrealnv.org/snyrg>



Southern Nevada Youth Resource Guide

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We'd like to thank many dedicated
nonprofit staff and volunteers
who picked up the phone and answered questions
to help us better connect the youth of Nevada
with urgent and vital resources
they may need to survive and then thrive
in challenging times throughout our community.

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Introduction

This Southern Nevada Youth Resource Guide was created by and for youth (ages 12-24). This tool provides information on organizations that provide services to youth still with their families, as well as youth that are out of school or on their own.

As a collection of information, this isn't a complete list: many details will change year to year (like cooling station locations for when it gets over 104°F). When in doubt, you can call 2-1-1, visit their site at [**https://Nevada211.org**](https://Nevada211.org), or try another guide here: [**https://HelpHopeHome.org/resource-guide**](https://HelpHopeHome.org/resource-guide).

Just like our community and the resources in it, this guide will change with time. Suggestions for future versions can be sent to mkamer@projectrealnv.org.

Credit Where It's Due

Project REAL's logo may grace the cover of the Southern Nevada Youth Resource Guide, but the organization simply took a project that was handed to them and put it into action. Most of the research and organization was performed by a student, Oni Boulware. Oni independently researched and drafted the content during her sophomore and junior years of high school - unprompted and long before Project REAL ever entered the picture.

Project REAL thanks Ms. Boulware for her initiative and dedication, and we look forward to seeing what other youth-led projects seeking our support end up crossing our paths in the future.

YOUTH RESOURCE GUIDE

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IMPORTANT NOTE: SHORT-LINKS

Throughout this guide, you'll find links that we've shortened to make them easier to type.

The system we used - **Bitly.com** - is a bit tricky though. All links that begin with <https://bit.ly> are cAsE sEnSiTivE, meaning if they appear in all lower-case letters, you must type the link in all lowercase letters. If you don't, you'll be taken to the wrong page, or a 'broken link' notification.

Featured Photos & AI-Actors

Sometimes the hardest part of getting help is being able to picture yourself asking for it. If young Nevadans can see themselves using the services in this guide, we believe they'll be more likely to reach out.

That's why for some of the pages of the guide, we added AI-generated young-adult actors into many photos of real locations of the nonprofits we list.

In other cases, we used stock photography with young models or actors to represent 'accurate vibes' of the organizations and the services they offer.

*Just to be clear...
no actual clients of the featured agencies
are shown in the photos we've included,
and they never would be.*

We worked hard to make sure this booklet would be more than just an information source.

We wanted to make sure it encouraged its readers to take advantage of the services that are available to them—without hesitation. Showing realistic representations of people like you interacting with local nonprofits was our way of doing that. So, if you can see yourself using these services, that's the point... They've done their job, and done it well!

Again—none of the images show real clients:

*When you access these services,
your privacy will be a top priority.*

HOUSING I

Shelters/Temporary Housing For Youth Under 18

Southern Nevada youth under the age of 18 in need of housing solutions must seek services at

- (1) Nevada Partnership for Homeless Youth,
- (2) Shannon West Homeless Youth Shelter*, or
- (3) St. Jude's Ranch.

PLEASE NOTE (1/2): *If a young Nevadan under the age of 18 seeks services at an agency other than one of the three listed above, that organization is required to contact Child Protective Services.*

PLEASE NOTE (2/2): *Some of these services also provide housing for those over 18, so please review the details we've presented carefully, and don't skip this section due to any age assumptions.*

NEVADA PARTNERSHIP FOR HOMELESS YOUTH (NPHY)



Hours: Mon-Fri, 8am - 5pm
Walk-ins: Mon-Fri, 9am - 12pm
Phone: 702-383-1332
Hotline: 1-866-827-3723
Web: <https://nphy.org/>

NPHY Serves youth (ages 12-20) and offers many services for youth who are housing insecure. The organization offers coordinated intake for youth under 18. (The intake process takes an hour).

Their Drop-In Center provides access to food, clothing, hygiene supplies, showers, emergency shelter, and bus passes (with proof of activity for school or a job), assistance with identification documents, and help with school and work.

Drop-In Center:
4981 Shirley Street, Las Vegas, NV 89119





SHANNON WEST HOMELESS YOUTH CENTER



Hours: Open 24 hours

Phone: 702-369-4357

Web: <https://bit.ly/shannonwestnv>

HELP of Southern Nevada's Shannon West Center is a 166-bed shelter for young Nevadans ages 16-24 that are either homeless or at risk of becoming homeless.

The center provides housing, basic needs, food, case management, education, employment assistance, independent living skills, addiction and mental health services, financial literacy, and supportive services.

To get things started,
coordinated intake walk-ins (call or plan first)
and phone assessments are accepted.

Street Address:
1650 E. Flamingo Rd, Suite 100, LV, NV 89119



ST. JUDE'S RANCH

Hours: Open 24 hours
Phone 1: 702-436-1624 X 227
Phone 2: 702-998-1992 X 523
Web: <https://stjudesranch.org>

St. Jude's Ranch provides transitional living services for youth (ages 15-18) and housing services for young adults (ages 18-24). Clients receive wrap-around support services and case management, as well as safe housing, education counseling, and access to therapy, job training, transportation, support services, and an individualized plan for independence.

Admission to housing programs requires applicants to complete a housing assessment first.

Please call to make an appointment.

Youth can access one of three
St. Jude's locations in Las Vegas
to complete a housing assessment
for coordinated entry.

Assessment & Coordinated Entry Locations:

- ~ 5005 Mcleod Dr. LV, NV 89120 ~
- ~ 2685 S. Rainbow Blvd. #112, LV, NV 89146 ~
- ~ 2685 S. Rainbow Blvd. #108, LV, NV 89146 ~



Shine A Light Foundation

Phone: 725-258-5222 (admin)

Web: <https://shinealightlv.com/.org/>

Look... if at some point you run out of places to stay, and someone invites you 'underground' or to The Tunnels, we are begging you not to go you could be safe for two weeks, when out of nowhere you're drowning in a flash-flood with no escape... It happens all too often.

Still, if you somehow find yourself in the tunnels of Las Vegas in the desperation for shelter, and a break from the camping bans, we urge you to contact Shine a Light.

They'll offer you individual case management and do everything in their power to get you out of the tunnels and into a safe and stable situation. When you're ready, they'll help you get out of the tunnels and into detox, housing, or rehab—fast. They work with local partners to make it happen the day you ask.

BEST CONTACT:

725-222-4654



HOMELESS ENCAMPMENT WASHED AWAY

SOME LOSE EVERYTHING

FOX 5
KVVU-TV

LAS VEGAS



Street Teens



Hours: Mon - Sat, 2pm - 8pm

Phone: 725-258-5222 (admin)

Web: <https://streetteens.org>

When youth between the ages of 12 and 21 need assistance, don't know where to turn, and find themselves near Pecos & Russell (kind of by Reid Intl. Airport), Street Teens is the place to go.

This nonprofit makes sure teens in need can access showers, laundry facilities, food, clothes and computers at their site. They can also connect you with school programs, job opportunities, and other resources through trusted referral partners.

You can call ahead, but drop-ins are welcome.

Street Address:

5599 S Pecos Road Las Vegas, NV, 89120

HOUSING II

For Youth 18 Years and Older

Young adults in Southern Nevada that have reached the age of 18 have less restricted options for shelter and temporary housing providers.

Since many of these options are open to all ages, it may be difficult to find agencies that both provide shelter and have enough available to offer to all those in need.

Therefore, young adults seeking shelter may want to contact the following agencies before simply seeking shelter with them, to ask about what their requirements might be, what time they allow people to line-up for emergency housing, and other information that might prevent them from trekking across town only to be denied a much-needed service.

*All of these agencies want to help,
but they have a limited amount of staff
and even fewer resources.*

If they can help you, they will.

*Find out what they need from you first:
it will be well worth the extra effort.*



CATHOLIC CHARITIES



Catholic Charities
OF SOUTHERN NEVADA

Hours: Mon-Fri, 8am - 4pm
Shelter: 702-385-2662
Housing: 702-366-2090
Web: <https://bit.ly/cclvhousing>

Catholic Charities provides emergency night shelter (400 beds) to young adult men (18 years and older). Linens, showers, and restroom facilities are available.

Guests must arrive by 3:00 pm daily for a bed and must leave by 7:00 am the next day. They must show an ID or obtain a Clarity Card on site.

Catholic Charities also offer apartments for individuals (18 years and older) if they maintain a minimum income of \$1,100 a/month.

Street Address:
1501 Las Vegas Blvd, LV, NV 89101

THE COURTYARD HOMELESS RESOURCE CENTER (HRC)

THE COURTYARD Homeless Resource Center

Hours: Open 24 hours

Phone: 702-229-6117

Web: <https://bit.ly/courtyardnv>

The Courtyard offers 24-hour emergency shelter to Nevadans including young adults ages 18 and up.

Their facility has storage bins, pet kennels, showers, computers, phone charging facilities, and restrooms.

Clients can have their mail forwarded to the Courtyard, and the staff can help them obtain IDs and connect with behavioral health support.

*For more information, email the HRC here
courtyardHRC@lasvegasnevada.gov*

Street Address:

314 Foremaster Lane, Las Vegas, NV 89101



THE COURTYARD
Homeless Resource Center
702.229.6117

LAS VEGAS RESCUE MISSION



Hours: Mon-Sun @ 3pm + 6pm
Phone: 702-382-1766
Web: <https://bit.ly/lvrn>

Las Vegas Rescue Mission offers beds for young adults men (18 years and older) and also has a women's/family shelter. Single people can stay up to 14 days. Families can stay up to 30 days.

Intake times are Monday-Sunday at 3:00 pm and at 6:00pm. Guests must leave by 7:30 am the next day.

30-day, 60-day, and 90-day extended stays for young adults working to get into independent living may also be available. Get more info here:

contactus@vegasrescue.org

Street Address:

480 West Bonanza Rd, LV, NV 89106





THE SALVATION ARMY



Hours: Mon-Fri 8:00am -12:00pm
and 2:30pm - 4:30pm

Phone 1: 702-399-4403

Phone 2: 702-701-5347

Phone 3: 702-870-4430

Web: <https://bit.ly/sanv-hs>

The Salvation Army's West Owens location in Las Vegas provides emergency shelter (for people 18 years and older) for up to 30 days.

Guests for the emergency night shelter must be in line by 4 p.m.

It also has a Day Resource Center, which is open daily from 8 am – 4 pm where guests will be able to take showers and do laundry.

The Salvation Army also has hotel beds available for \$20 a night.

Street Address:

35 W. Owens Ave, Ste #103, N Las Vegas, 89030



THE SHADE TREE

Hours: 24 Hours
Phone: 702-385-0072
Web: <https://theshadetree.org>

The Shade Tree offers 24-hour emergency shelter for young women (18 years or older) with or without children who are in crisis (and escaping violence), and longer-term temporary housing when it's available.

Youth under 18 must be accompanied by a female guardian/parent.

They're located on W. Owens Ave. in North Las Vegas, but please contact the crisis line first: don't show up without an appointment.

Crisis Line | 855.385.0072 | *Accepts Calls & Texts*

SAFE PLACE **Multi-site Emergency Options**

Young people ages 12 to 21 who need immediate safety can walk in and ask for a “Safe Place” at any of the locations listed below. Trained staff will ensure they get help right away. This support is available through Nevada’s participation in the national SAFE PLACE program.

- Terrible Herbst gas stations / stores
- City of Las Vegas Fire Stations
- Las Vegas-Clark County Libraries
- Henderson Libraries
- Get onto any RTC (Regional Transportation Commission) bus

**Youth in need of assistance may also
call 211 for more options and information.**





HOUSING III

Rental & mortgage assistance, utility assistance, housing supplies, and more for young adults & families

Emergency sheltering isn't the only option that's available for young Nevadans in need of support.

Sometimes you've already got a roof over your head, but you still need help getting stable, or assistance *keeping* that safe place you can call your own. Nonprofits can help in these situations.

Help might take the shape of paying one month's rent to stave off an eviction, or covering half of an electric bill. It might be providing a bed to an empty home. It could be connecting you with a volunteer to repair something important.

As you can imagine, there's a lot of demand for this kind of help. The nonprofits work hard to serve as many people as they can - that's why they exist! Still, they may or may not be able to help you by the time you connect with them, and it's why some have certain eligibility conditions.

Keep that in mind as you reach out - plan for the worst, but hope for the best as you contact them, and understand that they *want* to help you, it's just a matter of determining if they can do it.

CATHOLIC CHARITIES OF SOUTHERN NEVADA



Catholic Charities
OF SOUTHERN NEVADA

Hours: Mon-Fri 8am - 4pm
Phone: 702-387-2291

In addition to the previously mentioned housing services, on some occasions Catholic Charities is able to offer low-cost or no-cost apartments for those 18 and older.

Applicants to this opportunity must attend a housing orientation held by Catholic Charities, and be earning \$1,100 a month.

This is a chance to get a foundation for long-term stability for those that qualify.

Learn more about how to qualify here:
<https://bit.ly/cclv-apartments>





Hours: Mon-Fri 8am -5pm

Phone: 702-638-8806

Web: <https://bit.ly/familypromiseprograms>

Family Promise's Day Center (which is open by appointment only) offers job search guidance, childcare referrals, bus passes, and assistance with emergency support needs (including first month's rent in some circumstances).

They may also be able to provides emergency housing for families with children, including youth. Families with minor children. That can include being placed in their Motel Shelter program if the family is currently homeless and lacks financial stability.

They also work with properties who may rent to formerly convicted individuals.

Address (*Please set up an appointment first*):
3690 E. Tropicana Ave., Las Vegas, NV 89121



HELP OF SOUTHERN NEVADA



Hours: M-Th 7:30am - 4:30pm
Walk-Ins: Thursdays
Phone: 702-369-4357
Web: <https://helpsonv.org>

HELP of Southern Nevada provides case management to youth, including housing, access to behavioral health, and employment support.

It also has a furniture bank that can provide some key household items, including kitchen supplies, appliances, laptops, couches and more.

Email info@helpsonv.org to schedule an appointment or use the walk-in hours they hold for social services (Thursdays, 7:30 am - 4:30 pm).

Street Address:

1650 E. Flamingo Rd, Suite 100, LV, NV 89119

HOPELINK



Hours: Mon-Thu 8am - 5:30pm
Phone: 702-566-0576
Web: <https://link2hope.org>

HopeLink provides assistance to families and transgender youth with mortgage, rent, and utilities.

Guests must be referred by another shelter.

To qualify, families must have experienced an unexpected change of circumstance including a job loss, medical crisis, or another unanticipated emergency.

Street Address:

178 Westminster Way, Henderson, NV 89015



LEGAL AID CENTER OF SOUTHERN NEVADA



Hours: Mon-Fri 8am-5pm
Phone: 702-386-1070
Web: <https://www.lacsn.org/>

In addition to other services they provide, the Legal Aid Center of Southern Nevada provides legal assistance if a young Nevadan and their family are facing eviction.

The lobby is nice, but wait times can be extensive, so try to make an appointment, or arrive early.

Also, be sure to regularly check their website for dates when they hold free assistance clinics.

Street Address:
725 E. Charleston Blvd, LV, NV 89104





LUTHERAN SOCIAL SERVICES OF NEVADA (LSSN)



Hours: Mon-Thu 9am - 1pm

Phone: 702-639-1730

Email: info@lssnv.org

Web: <https://lssnv.org/services/>

LSSN provides temporary rental assistance to individuals who are at-risk of homelessness or currently experiencing homelessness. The availability of this vital service varies throughout the year and is dependent on our current funding sources.

If you or someone you know needs assistance, please reach out to us at info@lssnv.org for more information on how to access our support.

Street Address:
4323 Boulder Hwy, LV, NV 89121



UNITED LABOR AGENCY OF NEVADA



Hours: Mon-Fri 8am - 5pm

Phone: 702-648-3500

Web: <https://ulan.org/about-us/>

United Labor Agency of Nevada (ULAN) provides rental and utility assistance. ULAN assists individuals and families who are experiencing the hardship of an unexpected crisis holistically and operating as a one-stop-shop for families in need.

Their services include rental and utility assistance, food pantry, and a diaper bank.

Their case managers work together with clients to prepare a case plan for their self-sufficiency with a long-term goal of financial stability.

Street Address:

1201 N. Decatur Blvd., Suite 106, LV, NV 89108

SLEEP IN HEAVENLY PEACE



SLEEP IN HEAVENLY PEACE

Hours: Mon-Fri 8am - 5pm

Phone: 844-432-BEDS (2337)

Web: <https://shpbeds.org/chapter/nv-las-vegas/>

Sleep in Heavenly Peace has a simple mission:

“No kid sleeps on the floor in our town”.

They build and deliver beds to children ages 3-17 in need of a comfortable & safe place to sleep. SHP does have some service-limits, and are only able to serve families from certain zip-codes in Southern Nevada.

You can check your eligibility and apply here:

<https://shpbeds.org/apply/>

Street Address:

610 Crossbridge Dr. Las Vegas, NV 89138





CLOTHING

Donation closets & other options.

Maybe you've got a job interview coming up and want to look fancy but can't afford to spend cash on an outfit you'll only wear once.

It doesn't have to be that serious though: perhaps you're just sick of wearing the same three shirts over and over, but don't want to give up the extra cash you keep in case of emergencies just for a new look.

Luckily, no matter what reason you have, there are a ton of options for young people in Southern Nevada who need help getting new clothing for free.

New and lightly used items for all shapes and sized can be found, and it's actually pretty fun when you get the chance to pick stuff out.

If picking out lightly used clothing doesn't sound all that exciting, just think about how a lot of people will pay crazy amounts of money to go 'vintage shopping' when can afford to.

For young Nevadans in need of support though, they get to choose freely from clothing at offered by the local nonprofits we've listed on the next few pages. Whether you're dressing for work, school, or just something clean that fits—these closets are here for you.

BOYS & GIRLS CLUB OF LAS VEGAS:
Clothing Closet



BOYS & GIRLS CLUBS
OF SOUTHERN NEVADA

Hours: Mon-Fri, Hours Vary

Phone 1: 702-932-1880

Web: <https://bgcsnv.org>

Boys & Girls Club's 'clothing closet' offers a shoes, clothes, and school uniforms - at one of their southern Nevada locations.

They also have offer books, free birthday or Christmas toys, and help students prepare for the new school year by passing out free school supplies, notebooks, bags, and other items.

Clothing Closet Street Address:
2850 S. Lindell, Las Vegas, NV 89146





CATHOLIC CHARITIES OF SOUTHERN NEVADA



Catholic Charities
OF SOUTHERN NEVADA

Hours: Mon-Fri 7:30am - 4:00 pm

Phone: 702-387-2291

Web: <https://catholiccharities.com>

Catholic Charities' clothing closet is available to provide clothes (including shoes, socks, underwear, and hygiene items) to people in need.

It's their Client Services Office that distributes these items. While No appointment is needed, their service runs on a first-come, first-served basis.

Head in during those hours to request what you need.

Street Address:

1501 N. Las Vegas Blvd., Las Vegas, NV 89101



CITY MISSION OF LAS VEGAS



Hours: Tue-Sat 8am - 2pm

Phone: 702-384-1930

Web: <https://bit.ly/cmlv-clothing>

At City Mission of Las Vegas, children and young adults can receive clothing, provided they have proper ID and meet other conditions.

Youth must fill out an application to ensure your family qualifies for services:

<https://bit.ly/cmlv-app>

Street Address:

3983 E Desert Inn Rd, Las Vegas, NV 89121

DESERET INDUSTRIES



DESERET INDUSTRIES

Hours: Mon, 9a-6p, Tu-Sa, 9a-7p

Phone: 702-649-8191

Web: <https://bit.ly/di-lv>

Deseret Industries offers several assistance programs, ranging from free school uniforms to professional work attire, blankets, hygiene items and other items.

To receive free clothing or furniture, youth and family members must receive a referral from a Bishop of the Church of Latter Day Saints, though nonmembers can call and set up interviews.

Upon completion of the interview and training program, the referral process will be complete.

Street Address:

3750 W. Craig Road, North Las Vegas, NV 89031



FRIENDS IN THE DESERT FOUNDATION



Hours: Mon-Fri 4pm -5pm, Sat 10:30am - 12pm

Phone: 702-565-8742

Web: <https://bit.ly/friendslv>

Friends In The Desert Foundation offers clothing items including underwear, socks, clothing, and personal hygiene items when they're able to do so (as an organization, they have unexpected flows of donations, but it's worth checking in and asking).

Street Address:

43 W. Pacific Ave., Henderson, NV, 89015





HELP OF SOUTHERN NEVADA



Hours: Mon-Thu 7:30a - 4:30p
Walk-Ins Avail Thursday

Phone: 702-369-4357

Web: <https://helpsonv.org>

Free clothes for work or school are available from Help of Southern Nevada, but appointments are required. Email info@helpsonv.org to schedule.

Walk-in Hours for Social Services available on :
Thursdays.

Street Address:

1640 E. Flamingo Rd. Ste #100, LV, NV 89119



LAS VEGAS RESCUE MISSION



Hours: Mon-Sun 8:30am - 5pm

Phone: 702-382-1766

Web: <https://bit.ly/lvrn>

Of the many resources Las Vegas Rescue Mission makes available, free clothing for the unhoused is another one!

They may also be able to provide school supplies, shoes, and backpacks to students in need.

LUTHERAN SOCIAL SERVICES OF NEVADA (LSSN)



Hours: Mon-Thu 9am - 1pm

Phone: 702-639-1730

Email: info@lssnv.org

Web: <https://lssnv.org/services/>

Clothing, uniforms, and blankets are a few of the additional items Lutheran Social Services make available to people in need who visit their site on Boulder Highway in Las Vegas.

Street Address:

4323 Boulder Hwy, Las Vegas, NV 89121





PROJECT 150



Hours: Mon-Fri 1pm - 6pm
Phone: 702-721-7150
Web: project150.org/programs

Project 150 provides food baskets and clothes to high school students at their Betty's Boutique locations.

Students with a school ID may receive 5 outfits per month, hygiene products, school supplies and additional food.

If you're not sure if you qualify, just call them and find out.

Street Address:

3600 N. Rancho Dr., Las Vegas, NV 89130 OR
2605 E. Flamingo Rd, Las Vegas, NV 89121.

SECOND BAPTIST CHURCH OUTREACH MINISTRY



Hours: Mon-Thu 8a-3p, Fri 8a-1p
Phone: 702-648-6155

The Second Baptist Church Outreach Ministry makes clothing and hygiene products available for free to those in need.

To access these resources, you'll need to complete some basic forms and be at least 18 years old.

Street Address:
500 Madison Ave, Las Vegas, NV 89106





CONSUMABLE NEEDS

Immediate Meals, Food Pantries / Free Groceries, Diapers, Blankets, Toiletries, & More.

While this guide was being researched, information about *Clarity ID's* came up more during food-related services than during any other topic, so we'll explain them here.

Clarity ID's are a type of identification that make accessing lots of services in Nevada much easier to do, but especially when it comes to food.

Essentially, there's only so much to go around, so they help nonprofits and other types of charities know who's been served, and who actually needs service.

With Clarity ID's, if an organization has a 'once a week' rule for their meal program or food-pantry visits, they can make sure no one is 'cutting the line' or taking someone else's share.

Many of the services listed in this section won't just require Clarity ID's... they can help you get one if you don't have it yet.

To get one, you'll visit any participating agency in-person, bring valid photo ID (e.g., state ID, driver's license, school ID like you'd normally use for services, and then just ask staff directly for a Clarity ID.



Catholic Charities
OF SOUTHERN NEVADA

CATHOLIC CHARITIES

Hours: Various, See Below
Phone: 702-385-2662
Online: <https://bit.ly/cclvhousing>

Catholic Charities offers a number of food services. Their Hands of Hope food pantry is a place where youth can get food to take with them, providing access to their food pantry once every 30 days.

For the pantry, a government issued ID and proof of residence with name and address dated within 30 days of visit (rent receipt, utility bill, etc.) is needed. They're open Mon-Fri, 8am-2pm, and the *last* Saturday of each month from 8am-12pm.

They also serve meals at 10 am daily in a safe setting. Youth under 18 may be connected to a case manager for additional services.

For meals, you must have a Clarity ID. Clients without Clarity ID can contact Catholic Charities for assistance getting one.

Street Address:

1501 Las Vegas Blvd, Las Vegas, NV 89101





FRIENDS IN THE DESERT FOUNDATION



Hours: Mon-Fri 4pm -5pm
Sat 10:30am -12:00pm

Phone: 702-565-8743

Web: <https://friendsinthedesert.org/>

Friends in the Desert serves hot, nutritious meals in a dignified setting Monday—Saturday.

They also distribute sack lunches on Saturdays so those who are in need have a meal on Sunday.

Street Address:
43 W. Pacific Ave., Henderson, NV 89015



Las Vegas Rescue Mission: *Meals*

Hours: 5 pm & 6 pm

Phone: 702-382-1766

Web: <https://www.vegasrescue.org/meals>

Las Vegas Rescue Mission offers a daily community meal that's open to the public.

Guests must line up at west gate to gain entry, and all participants will need their social service / Clarity ID card.





Las Vegas Rescue Mission:
Hygiene & Baby Supplies

Hours: Mon-Sun @ 3pm + 6pm

Phone: 702-382-1766

Web: <https://vegasrescue.org/basicneeds/>

In addition to making food available on a regular basis, The Las Vegas Rescue Mission also offers hygiene kits that can be provided upon request. They can also make diapers available to those who need them.

Get more info here: contactus@vegasrescue.org

Street Address
480 West Bonanza Rd, LV, NV 89106



THE SALVATION ARMY: MEALS



Free Hours: Daily, 1:30 - 2:30

Low Cost Hours: Daily,

MEALS Phone: 702-870-4430

Web: <https://bit.ly/sanv-hs>

The Salvation Army's provide free and low cost sit-down meals at their ***Downtown Las Vegas*** location, but participants must have a Clarity ID card.

Free meals are available daily from 1:30pm - 2:00pm. Other meals are just \$5 each, and available at various times throughout the day, providing breakfast, lunch, and dinner.

Meals Address:

35 W. Owens Ave, Ste #103, North LV, NV 89030

THE SALVATION ARMY: FOOD PANTRY

Hours: Vary by service, see below.
PANTRY Phone: 702-565-9578
Web: <https://bit.ly/sanv-hs>

At their *Henderson* site, the Salvation Army maintains a food pantry. They offer access to free, produce and canned goods.

The pantry can be accessed Tuesdays & Thursdays, from 9:30am - 11am.

Pantry Address:

830 E. Lake Mead Drive, Henderson, NV 89015





ALL SAINTS TODOS LOS SANTOS

Hours: 2nd Tuesday 9am

Phone: 702-878-2373

Web: <https://allsaintslv.com>

All Saints Todos Los Santos provides food pantry services to the community every second Tuesday of each month, starting at 9:00 am.

Check their calendar here for more info:

<https://allsaintslv.com/events/>

Street Address:

4201 W Washington Ave, LV, NV 89107

THE AFTER MARKET



Pantry Hrs: Tue-Sat 10am - 4pm

Market Hrs: Tue-Fri 7am - 7pm,
Sat 8am - 6:30pm

Phone: 702-268-7677

Email: info@theaftermarketlv.org

Web: <http://bit.ly/aftermarketlv>

The After Market LV is a hybrid supermarket that combines a traditional grocery with a free food pantry. Their full offerings include a retail grocery store, kitchen, and food pantry. You can shop and still pick up free items from our pantry side but there's quantity limits on some items. You're able to pick items from the pantry once every seven days.

You must have a valid picture ID to sign up and bring proof of address if the address on your ID doesn't match your physical address.

Street Address:

4337 N. Las Vegas Blvd , N. Bldg B,
Las Vegas, NV 89115



**ASIAN COMMUNITY
DEVELOPMENT COUNCIL**



**ASIAN COMMUNITY
DEVELOPMENT COUNCIL**

Hours: Mon-Fri 9am -5pm

Phone: 702-489-8866

Email: info@acdcnv.org

Web: <https://acdcnv.org/>

The Asian Community Development Council's food program provides assistance to clients for up to six months, depending on available funding.

To get started, you can apply here for food assistance: <https://acdcnv.org/food-assistance/>

Street Address:

3235 S Rainbow Blvd., LV, NV 89146





BABY'S BOUNTY



BABY'S BOUNTY™

a good start for every baby

Hours: Hours Vary visit website

Phone: 702-485-2229

Web: <https://babysbounty.org>

Baby's Bounty helps low-income, new parents with various forms of support including a free diaper bank, baby furniture, clothes for newborns and more.

Offices located in Las Vegas, North Las Vegas, and Henderson. Visit website or call for more information to the location closest to you.

Street Address:

3400 W Desert Inn Rd #24, LV, NV 89102



CASA DE LUZ



Hours: Tue -Wed 10:30am-1pm
Phone: 702-684-5866
Web: <https://casadeluzlv.com>

Casa De Luz (House of Light) offers a food pantry that can assist people with nourishing themselves and their families, ensuring no one goes hungry.

This is one of the many services offered at their centrally located *Naked City Hub* site.

Street Address:
2412 Tam Drive, LV, NV 89102

CITY IMPACT FOUNDATION



Hours: Tues-Thu, 10am - 2pm

Phone: No Phone Calls

Web: <https://cicnv.org/programs/>

Las Vegas's City Impact Center operates a pantry that serves walk-ins, but only during select hours.

Street Address:

928 East Sahara Avenue, LV, NV 89104



FIRST AFRICAN METHODIST EPISCOPAL CHURCH



Hours: Every Thursday
Phone: 702-649-1774

The First African Methodist Episcopal Church in Las Vegas offers a free weekly food pantry that is open to Nevada residents of any age or income level.

While open to all, you may be asked to self-attest to need, but no appointment or referral is required.

They're open every Thursday, but since supplies are limited, we highly suggest showing up prior to 10am, when things get started.

Street Address:

2446 Revere Street, North Las Vegas, NV 89030





THE CENTER



Pantry Hrs: 1st & 3rd Fri - 10am
Gen Hrs: Mon-Fri 10am -7pm
Phone: 702-733-9800
Web: <https://thecenterlv.org/>

Las Vegas' centrally located LGBTQ Center (aka *The Center*) runs a food pantry with drive-Thru food distribution on the 1st and 3rd Friday of each month, starting at 10:00 am.

Street Address:
4401 S Maryland Pkwy, LV, NV 89101



THE HARBOR JUVENILE ASSESSMENT CENTERS



Hours: Daily 8am-10pm

Web: <https://theharborlv.com/services-offered/>

Across four locations in Southern Nevada, The Harbor supports youth and families with food and clothing assistance, and tutoring, with counseling and substance abuse programming also available.

While not required, clients will be asked for insurance information if they have it, so that Harbor team members can provide referrals for other services as needed.

Las Vegas

861 N. Mojave Rd, LV, NV 89101 | 702-455-6912
2000 E Flamingo Rd, LV, NV | 702-455-7912

Henderson

98 E. Lake Mead Pkwy, #207, Henderson, NV 89015
702-455-0112

North Las Vegas

HOPELINK



HopeLink

of Southern Nevada

Change Their Normal™

Hours: Mon-Thu 8am - 5:30pm

Phone: 702-566-0576

Web: <https://http://bit.ly/hl-frc>

HopeLink of Southern Nevada will help Henderson based youth with emergency food assistance at their Family Resource Center.

For youth that show up and happen to not qualify based on their zipcode, the HopeLink team will assist by providing referrals to other nearby agencies.

Street Address:

178 Westminster Way, Henderson, NV 89015





THE JUST ONE PROJECT

Hours: Mon-Fri, 8:30am - 2 pm

Phone: 702-462-2253

Web: <https://thejustoneproject.org>

With donors, volunteers and staff known as 'Charitable Gangsters', you know The Just One Project isn't just a nonprofit: it's a cause-driven effort shaped by the community.

Food assistance and pop-up drive through pantries are just some of the many services they offer. To get started with them, you can apply for food assistance here:

<https://thejustoneproject.org/appointment>

Go here for calendar and Food Pop-Up locations:

<https://thejustoneproject.org/pop-up-%26-give>

Street Address:

1401 N. Decatur Blvd, Suite 34, LV, NV 89108





NEVADA PARTNERSHIP FOR HOMELESS YOUTH (NPHY)



Hours: Mon-Fri, 8am - 5pm
Walk-ins: Mon-Fri, 9am - 12pm
Phone: 702-383-1332
Hotline: 1-866-827-3723
Online: <https://nphy.org/>

NPHY offers many services for housing-insecure youth (ages 12-20), including coordinated intake for youth under 18 (that process can take about an hour).

Their Drop-In Center provides access to a number of services, including a food pantry, clothing, hygiene supplies, showers, emergency shelter, bus passes, assistance with identification documents, and help with school and work. Proof of school or a job may be needed in some circumstances.

Drop-In Center
4981 Shirley Street, Las Vegas, NV 89119



OLIVE CREST

OLIVECREST.

Strong Families, Safe Kids

Hours: Mon-Fri 9am - 5pm

Phone: 702-685-3459

Web: <https://olivecrest.org/las-vegas/>

For youth in need of a meal or the ingredients to make one, OliveCrest makes food bags available from their site in Northwest Las Vegas (near Rancho Drand Craig Rd).

Those wishing to get supplies from OliveCrest will need to show ID and complete a form.

Street Address:

4285 N Rancho Dr, LV, NV 89130

PROJECT 150



Hours: Mon-Fri 1pm - 6pm

Phone: 702-721-7150

Web: <https://www.project150.org/programs>

When it comes to food, Project 150 provides food baskets through Betty's Boutique to high school students - just one of the many resources they offer.

Participating students must have school ID.

Street Addresses:

3600 N. Rancho Dr., Las Vegas, NV 89130 or
2605 E. Flamingo Rd, Las Vegas, NV 89121



PROJECT DOT



Hours: Online

Web: <https://projectdot.org/>

Project Dot offers hygiene kits (specifically, kits covering feminine hygiene). These kits are provided upon request.

To find out how you can secure feminine product hygiene kits from this team, contact them directly at info@projectdot.com.





PROJECT MARILYN



Hours: Mon-Fri 9am - 5pm

Phone 1: 702-595-7027

Web: <https://projectmarilyn.org>

Project Marilyn provides period products to women of all ages in need at multiple locations throughout Las Vegas.

To find a site near you, visit Project Marilyn here:

<https://projectmarilyn.com/finding-marilyn/>

Street Address:

3840 S Jones Blvd, LV, NV 89103



SHARE VILLAGE LAS VEGAS: PANTRY RESOURCES

Hours: Thurs. beginning @ 8am

Phone: 702-384-0294

Web: <https://bit.ly/share-pantry>

Individuals in need of food assistance can visit the SHARE Village Las Vegas Pantry located at 'SHARE Village Las Vegas #5' (the location on Sunrise Avenue listed below).

Their pantry hours are Thursday's @ 8am until supplies run out, and includes fresh, ready to eat food, as well as fruits, veggies, meats and non-perishables in travel/shopping bags.

Street Address:

2100 Sunrise Avenue, Las Vegas, NV 89101





THREE SQUARE



Hours: 3rd Sat of month @ 8am
Phone: 702-765-4030
Web: <https://bit.ly/3shelp>

Three Square is one of the most relied upon providers of food assistance in Las Vegas. They provide food to various sites, and list those sites in their 'Food Finder' tool (found on their website).

If your internet access isn't great, they have a call center that can help you locate food pantries, meal sites, or drive-thru distribution points.

We're listing their street address, but your best next step if you plan to work with them is to call the number above or use the short-link we provided.

Street Address:

3616 E Lake Mead Blvd, Las Vegas, NV 89115



UNITARIAN UNIVERSALIST CONGREGATION OF LAS VEGAS

Hours: 3rd Sat of month 8am

Phone: 702-437-2404

Web: <https://uucnv.org/calendar.html>

The Las Vegas Unitarian Universalist Congregation opens up their food pantry to those in need every 3rd Saturday of the month. The pantry opens at 8 am and keeps going until the food runs out,

They're located near Lake Mead and Pecos in North Las Vegas (about a 35 minute bus ride from downtown, or a 20 minute bike ride if you have one).

Street Address:

3616 E Lake Mead Blvd, Las Vegas, NV 89115



UNITED LABOR AGENCY OF NEVADA

Hours: Contact ULAN for up-to-date info
Phone: 702-648-3500
Email: services@ulan.org
Web: <http://ulan.org/services>

ULAN helps people facing tough times with emergency aid, a food pantry, and diapers for families with young kids. We suggest calling before heading over, since the availability of their supplies can change day-to-day.

Alongside food and hygiene items, ULAN might be able to provide caseworkers and other forms of support. Let them know if you're struggling: they may be able to connect you with more than you expect.

Street Address:

1201 N. Decatur Blvd., Suite 106, LV, NV 89108





HEALTH

Healthcare & Selfcare

Plenty of people with stable jobs & insurance struggle getting decent healthcare. Don't worry though: Nevada really shows up for young people who're just starting out or still working on making it on their own!

Whether you're sick, need a vaccine, or facing something tougher like addiction or mental health issues, there are free and low-cost clinics across town that will help. As you work towards stability, you deserve real care, and in Nevada, you can get it!

WARNING: A NOTE ABOUT CPC'S

On **pages 65 & 67**, we've listed two CPC's, or Crisis Pregnancy Centers. They offer pregnancy tests, ultrasounds, & baby items, but aren't full medical clinics. Most CPCs exist to prevent abortions at all costs and are criticized for looking like real clinics, offering limited services, and for misrepresenting information about abortion safety and other reproductive healthcare services.

We're not telling you what to choose—we just want you to be informed. These two are included only because they offer tests, supplies, and support.

To make identifying them easy, we marked them and other faith-based services with purple hues.



A.C. COMMUNITY HEALTH CENTER @THE CENTER



the center

Serving the LGBTQ Community of Nevada

Hours

Mon & Tue	9:00 am - 6:00 pm
Wed & Thu	10:00 am - 7:00 pm
Fri & Sat	7:30 am - 4:30pm

24 Hr Crisis Hotline: 833-740-0500

Web: <https://thecenterlv.org/health-center>

Phone lines

702-802-5432 | 702-733-9800 | 702-745-4600

Located at The Center off Maryland Parkway, the Arlene Cooper Community Health Center offers free testing for HIV and low-cost prevention and screening for sexually transmitted infections (STIs).

Appointments are encouraged, however walk-in services are available for a limited number of patients daily. Photo ID is required. Out-of-state, military, and student ID's are acceptable. Set appointments here: <https://bit.ly/acclv-appt>

Street Address:

Allyfe



Hours: Tu-F 10a-6p, Sat 9a-5p

Phone 1: 702-366-1247

Phone 2: 702-765-0743

Web: <https://allyfe.org>

Currently operating as Allyfe and formerly known as the 'Women's Resource Medical Centers of Southern Nevada', this nonprofit is a faith-based organization that supports families with pregnancies.

They provide free pregnancy tests, pregnancy and post pregnancy related counseling, ultrasounds and prenatal care to women and couples.

They may have emergency clothing, including baby items and supplies. There are also free diapers for Clark County parents, maternity clothes, free furniture such as cribs or car seats, and other items. Or get free medical equipment, even including a hospital bed for free in-home use.

Clothing Center:

1701 W Charleston Blvd Suite 130, LV, NV 89102



CITY IMPACT CENTER'S HEALTH & CARE PRO- NETWORK (HCPN)



Hours: Mon, Tue, Fri 9am - 5pm
Free Clinic: Wed & Thu 10a-2p
Phone: 702-740-0650
Web: <https://cicnv.org/programs>

Through their HCPN, City Impact Center offers medical care to children, teens, and adults. Beyond the basics, radiology, laboratory, asthma care, behavioral/psychiatric referral, immunizations, school, sports, and daycare physicals, childcare, preventative care, & vision checks are all available.

Medicaid, Medicare, and most private insurance accepted.

Street Address:
928 E. Sahara Ave, Las Vegas, NV 89104





FIRST CHOICE PREGNANCY SERVICES



Hours: Call for Hours

Phone 1: 702-294-2273

Web: <https://firstchoicelv.com>

First Choice Pregnancy Services provides newborn & maternity clothing, infant formula, diapers, and referrals for other services. They also offer pregnancy testing and limited ultrasounds.

While not a full medical clinic, First Choice may be able to confirm pregnancy and connect you with early-stage support. Appointments are preferred, and wait times can vary depending on demand. Services are free.

If you choose to visit for more than supplies for newborns, go in informed. It's best to double-check any medical claims with a licensed clinic, since they are considered by many in the community to operate like a Crisis Pregnancy Center.

Street Address:

860 E. Sahara Ave., LV, NV 89104



CHILDREN'S HEALTH FUND'S NEVADA CHILDREN'S HEALTH PROJECT



**Children's
Health Fund**

Hours: *Vary By Appointment*

Phone: 800-787-2568

Web: bit.ly/nvhc-mobile

Children's Health Fund serves at-risk youth, and their NCHP puts a special focus on the unhoused and under-resourced young people in Nevada.

They provide care for infants, children, and youth up to age 21. They offer several medical services, along with counseling on health-related topics and issues.

Walk-ins are welcome, and appointments can be made by calling number above.

Street Address:

1799 Mount Mariah, Las Vegas, NV 89106

PLANNED PARENTHOOD



Hours: M, Tu, Th, & Fri: 9:00am - 5:00pm
Wednesdays: 11:00am - 7:00pm

Phone: 702-547-9888

Web: <https://plannedparenthood.org>

Planned Parenthood's E/ Flamingo location provides birth control, emergency contraception, STI testing, pregnancy tests, and medication abortion services up to 11 weeks. Some services, like birth control or emergency contraception, don't require a medical exam—others, like abortion care or annual exams, do. If you're not sure what you need, call to ask. Services are private, respectful, and low-cost or free depending on your situation.

Street Address:

3300 E Flamingo Rd #25, Las Vegas, NV 89121



REACH



Hours: Mon-Fri 8am - 5pm
Phone: 702-703-1163
Email: info@reachlv.org
Web: <https://reachlv.org/>

REACH is an operator of three low-cost clinics in Southern Nevada. Each clinic provides primary care services including family medicine, pediatrics, mental health, gynecology, and immunizations.

They have support resources available to anyone, regardless of immigration status, health insurance, gender, sexual preferences, etc. They serve people without health insurance and accept most health insurance.

Their website will default to Spanish, but has an English-language toggle option. All sites suggest calling for appointments first (using the number above)

Site 1: Centro Comunitario De Salud
823 S. Las Vegas Blvd., Ste 500, LV 89101

Site 2: Ventanilla De Salud
823 S. 6th. St., LV, 89101

Site 3: Salvando Tu Salud
765 N. Nellis Blvd., Suite 5, LV, 89110





SOUTHERN NEVADA HEALTH DISTRICT COMMUNITY HEALTH CENTER



Phone: 702-759-1700 for Appts
Web: <https://snchc.org>

Southern Nevada Health District (SNHD) offers a number of health-related services to residents of Clark County.

Along with health cards, free vaccines, and other public health services, SNHD also runs two low-cost community clinics—places you can go when you need to see a doctor for anything. :

Site 1 | 280 S. Decatur Blvd., LV, 89107
Hours: Monday – Thursday 8 am – 6 pm

Site 2 | 2830 E. Fremont St., LV, 89104
Hours: Tuesday – Friday 8 am – 6 pm



FUTURE SMILES



Hours: Mon-Fri 9am - 5pm

Phone: 702-799-1204

Web: <https://futuresmiles.net/>

Future Smiles provides oral/dental care to students at schools and at its NWP Dental Wellness Center.

The program offers “in-school educational, preventive, and restorative dental care” and out of school services for children that are unable to afford or access dental care.

To become a patient, visit this link:

<https://forms.goenlive.com/p/gXKC596jft/>.

Street Address:

5630 Coley Ave, Las Vegas, NV 89146



RMHC

Greater Las Vegas

RONALD MCDONALD HOUSE

Hours: Sun-Sat 9am - 9pm

Phone 1: 702-252-4663

Phone 2: 800-787-2568 for appts

Web: <https://rmhlv.org/>

Ronald McDonald House of Las Vegas has a mobile dental clinic that offers free dental services and education, as well as a backpack full of school supplies, and vision screenings by Pearl Vision. All services are free and are available to all patients through the age of 21.

Use this link to schedule with the mobile clinic:

<https://bit.ly/ronaldteethlv>

Street Address:

2323 Potosi Street, Las Vegas, NV 89146



ABC THERAPY (Adults)



"Change Starts Here"

ABC Therapy

"We are here to serve you"

Hours: Mon-Fri 10am - 6pm

Henderson: 702-598-2020

Las Vegas: 702-598-2018

Web: <https://www.abctherapy.net/>

ABC Therapy provides young adults with mental health outpatient counseling and rehabilitation programs in an approachable and responsive manner.

Their services include domestic violence classes, substance abuse treatment, substance abuse educational classes, and gambling evaluation and diagnostic.

Two Locations:

7 Water St., Ste. B, Henderson, NV 89015
730 N. Eastern Ave., Ste. 130, LV, NV 89101





ADELSON CLINIC (Youth & Adults)



DR MIRIAM & SHELDON G.
ADELSON CLINIC
FOR DRUG ABUSE TREATMENT & RESEARCH, I NC.

Hours: Mon-Fri 5am -12pm

Phone 1: 702-735-7900

Email: info@adelsoncliniclv.com

Web: <https://adelsoncliniclasvegas.com/>

The Adelson Clinic in Las Vegas specializes in treating opioid use disorders with medication-assisted treatment (MAT) for both adults and teenagers.

They offer methadone and buprenorphine therapies, focusing on compassionate care in a safe environment.

Street Address:

3661 S. Maryland Pkwy, Suite 64 LV, NV 89169



BRIDGE COUNSELING (Adult & Youth)



Hours: By Appt, Hours Below

Phone 1: 702-474-6450

Web: <https://bridgecounseling.org>

Bridge Counseling makes mental and emotional healthcare available to all, including those who might be otherwise challenged trying to access it. Children under 18 must provide current ID of parents, guardian, or case manager. They also accept referrals from Juvenile Justice Court and The Harbor.

Their hours vary by day, location, service, so call them to find out more.

Street Address:

1640 Alta Drive, Suite #4, LV, NV 89106 or
4221 McLeod Drive, LV, NV 89121

C&C HEALTH CARE SERVICES
(Adult & Youth)



Hours: Mon-Fri | 9am - 5pm and
Sat | 9am - 3pm

Phone: 775-682-0020

Web: <https://candchealthcareservices.com>

C&C Healthcare provides comprehensive health care, including primary care, behavioral health, addiction services, and wound care, with a special emphasis on the military, medically underserved, and low income populations. They emphasize compassionate, patient-centered care, especially for underserved and low-income populations, and their services also include virtual urgent care and telehealth options.

Their services may have a cost, so we suggest calling rather than just showing up.

Street Address:

1500 E. Tropicana Ave., Ste. 180, LV, NV 89119



COMMUNITY COUNSELING CENTER



Community
Counseling Center
OF SOUTHERN NEVADA

Hours: Mon-Fri 8am - 8pm

Phone: 702-369-8700

Web: <https://www.cccofsn.org/>

The Community Counseling Center of Southern Nevada offers affordable mental health and substance use services.

They focus on keeping families together, preventing homelessness, and supporting clients in leading healthy, sober lives through evidence-based therapies and case management.

Street Address:

714 E. Sahara Ave., Ste. 101, LV, NV 89104





CRISIS SUPPORT SERVICES OF NEVADA



**Crisis
Support
Services**
of Nevada

Hours:	24 / 7
Hotline:	Call 988
Text:	Call 988
Web:	https://cssnv.org/

Available 24/7 for anyone in crisis, you can call or text 988 anytime to get connected with help. Reaching out to that number will connect you with Crisis Support Services Nevada (CSS-NV), the state's official responder for suicidal or emotional emergencies. They also run a chat-system through their website, but it is prone to occasional downtime, so calling or texting might be best.

It's not just for when you panic though: Whether you're on the edge, or just have questions about things like medical care or relationship violence, the folks at 988 can help.

Reach Out If You Need Help:

988 *or* <https://cssnv.org>



DESERT TREATMENT CENTER

DESERT

TREATMENT CLINIC

Hours: Mon-Thu 5am - 4:45pm &
Fri 5am - 2:45pm

Phone: 702-248-0000

Web: <https://deserttreatment.com/>

Desert Treatment Clinic offers outpatient opioid treatment, including medication-assisted treatment (MAT) and mental health therapy. They focus on personalized care to help individuals manage opioid use disorder and achieve recovery.

Their mission is to improve the quality of life for clients and their families. As a Medicaid

Street Address:
2598 Windmill Pkwy Ste 100,
Henderson, NV 89074

ENCOUNTERS
COUNSELING AND RECOVERY



Phone: 702-608-2151

Web: <http://encounterslv.com/>

Encounters Counseling & Recovery offers faith-based counseling and intensive outpatient programs for adults, couples, and families dealing with trauma and addiction.

Their services include individual and group therapy, substance abuse treatment, domestic violence classes, and spiritual support

Street Address:

2820 W. Charleston Blvd. Suite 21, LV, NV 89102



FIRSTMED HEALTH AND WELLNESS



Hours: M,T,F 8am-5pm
W, Th 10am-7pm

Phone: 702-731-0909

Web: <https://fmhwc.org/about/>

Firstmed Health and Wellness provides mental health, preventive, and primary health care services to uninsured and underserved individuals and families in Southern Nevada.

They emphasize holistic, compassionate care and accept Medicaid, Medicare, and other insurances.

Street Address:

400 Shadow Ln, Ste 104 LV, NV 89106





FREEDOM HOUSE BEHAVIORAL HEALTH



Hours: Mon-Fri 7am-Midnight

Phone: 702-482-1300

Web: <https://freedomhousesoberliving.com>

Freedom House Sober Living in Las Vegas provides a supportive, drug- and alcohol-free environment for individuals in recovery.

They offer structured living with peer support, aiming to help residents achieve long-term sobriety and personal growth.

Their community-focused approach emphasizes accountability and mutual support.

Street Address:

3852 Palos Verdes St. LV, NV 89119



Hours: Daily 8am -10pm

Phone: 702-455-6912

Web: <https://theharborlv.com>

When youth and their families are struggling as a result of a young person's choices and behaviors, The Harbor can help. In addition to creating opportunities for youth who get caught up in bad situations, the center offers referrals for counseling and substance abuse programming.

Las Vegas

861 N. Mojave Rd, LV, NV 89101 | 702-455-6912

2000 E Flamingo Rd, LV, NV | 702-455-7912

Henderson

98 E. Lake Mead Pkwy, #207, Henderson, NV 89015

702-455-0112

North Las Vegas

3001 N. MLK, Blvd, 89032 | 702-455-7914

HEALTHY MINDS



Hours: Mon-Thu 9am - 7pm and
Fri 9am - 6pm

Phone: 702-622-2491

Web: <https://healthymindslv.com>

Healthy Minds in Las Vegas provides comprehensive mental health services, including therapy, addiction treatment, and partial hospitalization programs. They focus on improving Nevada's mental health ranking through personalized care and community support

For questions, call or send an email:
intake.coordintor@healthymindslv.com.

Street Address:

526 S Tonopah Dr, Ste 200, Las Vegas, NV 89106



HELP OF SOUTHERN NEVADA (Adults & Youth)



Hours: Open 24 hours

Phone: 702-369-4357

Web: <https://www.helpsonv.org/>

HELP of Southern Nevada offers comprehensive behavioral health services, including mental health and substance use disorder treatments.

They provide solution-focused, client-centered care through outpatient settings, with services like individual and group therapy, assessments, and telehealth options.

Their goal is to support clients in achieving mental wellness and recovery.

Street Address

1650 E. Flamingo Rd, Suite 100, LV, NV 89119





HIGH RISK PREGNANCY CENTER



A HERA WOMEN'S HEALTH CENTER OF EXCELLENCE

Hours: Mon-Fri 8am-5pm

Phone: 702-940-3266

Web: <https://bit.ly/hrp-lv>

The MOTHER (Maternal Opioid Treatment Health Education Recovery) Program at the High Risk Pregnancy Center provides medication-assisted treatment (MAT) for pregnant and postpartum women with opioid use disorder.

They offer comprehensive care, including behavioral health services, peer support, and advanced maternal-fetal medicine to ensure the health and safety of both mother and baby.

Street Address:

2011 Pinto Ln, Ste 200, LV, NV 89106



HUMAN BEHAVIOR INSTITUTE



HUMAN BEHAVIOR INSTITUTE

Full Service Behavioral Health

Hours: Mon-Fri 9am—6pm

Phone: 702-248-8866

Web: <https://hbinetwork.com/>

Human Behavior Institute (HBI) provides mental and behavioral healthcare, addiction treatment, and clinical services for individuals and families. They offer solution-focused programs, managed care services, and a diverse network of providers

Street Address:

2740 S. Jones Blvd., Las Vegas, NV 89146

LAS VEGAS COMPREHENSIVE (Adults)



Las Vegas

Comprehensive Treatment Center
Opioid Use Disorder Program

Hours: Mon-Fri 5:30a -12:30p

Phone 1: 702-840-3586

Phone 2: 855-984-3964

Web: <https://www.ctcprograms.com/>

Comprehensive Treatment Centers (CTC) provide outpatient medication-assisted treatment (MAT) for opioid addiction.

They offer methadone, Suboxone®, buprenorphine, and Vivitrol, along with individual and group counseling.

Their goal is to support long-term recovery through personalized care and flexible treatment schedules.

Street Address:

2887 S Maryland Pkwy, Las Vegas, NV 89109



LAS VEGAS RESCUE MISSION



Hours: Call for Details

Phone: 702-382-1766

Email: contactus@vegasrescue.org

Web: <https://www.vegasrescue.org>

L.V.R.M. offers a Teens in Action Course, which is a prevention course for teens 10-19 teaching important life skills while helping them understand the dangers of risky behaviors such as alcohol and drug abuse.

Address

480 West Bonanza Rd, Las Vegas, NV 89106





LEGACY HEALTH & WELLNESS (Adults)



Hours: Mon-Fri 8am - 5pm

Phone: 702-942-1774

Web: <https://www.legacynv.com/>

Legacy Health & Wellness provides comprehensive mental and behavioral health services, including individual and group counseling, family therapy, and psycho-social rehabilitation.

They focus on ethical, coordinated care to support clients' growth and healing.

Street Address:

2921 North Tenaya Way, LV 89128

COMPREHENSIVE TREATMENT CENTERS



Comprehensive Treatment Centers
Opioid Use Disorder Programs

Hours: Mon-Fri 5:30a-12:30p
24 Hr Appt Scheduling

Phone: 702-558-8600

Web: <https://ctcprograms.com/>

Provides outpatient medication-assisted treatment (MAT) for opioid addiction.

They offer methadone, Suboxone®, buprenorphine, and Vivitrol, along with individual and group counseling.

Their goal is to support long-term recovery through personalized care and flexible treatment schedules.

Street Address:

1536 N. Boulder Highway, Henderson, NV 89011





NEW BEGINNINGS COUNSELING CENTER

New Beginnings Counseling Centers

Hours: Mon-Fri 9am - 5pm

Phone: 702-538-7412

Web: <http://duiclasslasvegas.com/>

New Beginnings Counseling Center offers affordable, court-approved DUI classes—including a self-paced 8-hour course that you can complete from home, online or by mail.

If you're relying on your car for shelter and end up facing DUI charges, this option could help you meet court requirements without risking further penalties or losing access to your vehicle.

The center also offers substance use evaluations and additional education options, with flexible formats that don't require in-person attendance.

Street Address:

3675 Pecos McLeod, Ste. 200, LV, NV 89121



SERENITY MENTAL HEALTH



SERENITY
H E A L T H

Hours: Mon-Fri - 6a-8p, Sat -7a-7p

Phone: 702-815-1550

Web: <https://serenitymentalhealth.org/>

Serenity Mental Health Centers provide integrated psychiatric care, including medication management, TMS (Transcranial Magnetic Stimulation) therapy, and ketamine therapy.

They specialize in treating severe mental health conditions like treatment-resistant depression, anxiety, ADHD, bipolar disorder, and PTSD.

Street Address:

6048 S. Durango Drive, Suite 115 LV, NV 89113

SEVEN HILLS HOSPITAL



SEVEN HILLS
HOSPITAL

Hours: 24 Hours a Day

Phone: 855-978-2512

Web: <https://bit.ly/shhdetox>

Seven Hills Hospital's behavioral program includes an adolescent (ages 5-17) detox treatments.

The facility is experienced in providing safe, evidence-based treatment for substance abuse and addiction.

Street Address:

3021 W Horizon Ridge Pkwy, Henderson, 89052





VEGAS STRONGER

Hours: Mon-Fri 8am - 5pm

Youth: 702-234-1356

Adults: 702-202-6647

Email: contact@vegasstronger.org

Web: <https://vegasstronger.org/>

Vegas Stronger is a nonprofit dedicated to breaking the cycle of addiction, mental illness, and homelessness in Las Vegas.

They provide evidence-based behavioral healthcare, including addiction treatment, mental health services, and homelessness recovery programs.

For Youth

737 N. Main St., LV, NV 89101

For Adults

916 N. Main Street, LV, NV 89101





VIRTUE RECOVERY (Adults)



VIRTUE
RECOVERY CENTER

Hours: Vary by need, call for info
Robindale: 818-928-0025
Corbett: 818-916-8116
Montessori: 818-916-8116
Web: <https://virtuerecoverycenter.com/>

Virtue Recovery Center is described as a 'luxury-quality' center for comprehensive addiction treatment, including detox, residential, partial hospitalization, and intensive outpatient programs.

Don't let the 'luxury' term throw you off though: they accept Medicaid, so if you've gotten set up with that and are in need of their services, reach out and see if they can help you.

Three Locations:

8225 W Robindale Rd, LV, NV 89113
9230 Corbett St, LV, NV 89149.
2585 South Montessori St, LV. NV 89117



DARREN WALLER FOUNDATION



Hours: Mon-Fri 9am - 5pm
Phone: 702-907-6022
Email: waller@prolanthropy.net
Web: <https://darrenwaller.org>

NFL player Darren Waller created this foundation to help young people (between the ages of 18-26) access addiction recovery.

If you need treatment but can't afford it, his foundation offers scholarships to cover the cost.

The process is simple: reach out, share your story, and they'll do what they can to help you get placed in a program that fits.

Visit Online For Info:
<https://darrenwaller.org>

WC HEALTH / WELL CARE SERVICES



WCHEALTH

Hours: Mon-Fri 8am - 5pm

Phone: 702-291-7121

Web: <http://wc-health.com/>

The Well Care Group offers a range of services, including primary care, women's health, psychiatric services, and mental health care.

They provide comprehensive, wraparound care with licensed providers and clinicians.

Street Address:

5412 Boulder Highway, Las Vegas, NV 89122



WESTCARE (Adults & Youth)

WESTCARE

Hours: Mon-Fri 8am - 5pm

Phone: 702-385-2090

Web: <https://westcare.com/places/nevada>

WestCare Nevada offers a wide range of services, including mental health and wellness, substance use treatment, veteran services, housing support, and education and prevention programs.

Locations:

5659 Duncan Dr, LV, NV 89130

1200 Harris Springs Rd, LV, NV 89124

323 N. Maryland Pkwy, LV, NV 89101

930 N. Fourth St., LV, NV 89101



FOSTER YOUTH

Options & Additional Resources.

Being in foster care can come with extra challenges—even in the best placements. Great caregivers make a big difference, but the road still looks a little different when you're in the system.

Luckily, Nevada has organizations built to support youth in care—now, and as you prepare for adulthood.

Whether your foster home gets you everything you need or you're with someone doing their best but stretched thin, the groups listed here are set up to help fill the gaps.



FOSTER KINSHIP



Hours: Tue-Thu 9am-7pm
Fri 8am-6pm, Sat 8am-4pm
Phone: 702-546-9988
Web: <https://fosterkinship.org/>

If you're living with a relative that stepped in for your parent, or are thinking about asking one of them to step in, this is the place you can direct them to.

Foster Kinship helps relatives take legal custody, get housing or childcare help, and access financial support so families can stay together. They'll walk your relative through the paperwork, and connect them to services.

OLIVE CREST

OLIVECREST.

Strong Families, Safe Kids

Hours: Mon-Fri 9am - 5pm

Phone: 702-685-3459

Web: <https://olivecrest.org/about/>

OliveCrest runs a number of programs for Las Vegas youth, designed to help them avoid or escape crisis. They can help connect you with mentors, behavioral health services, basic needs, independence classes, and more.

Street Address:

4285 N Rancho Dr, Las Vegas, NV 89130



PEGGY'S ATTIC



Hours: Call for Hours

Phone: 702-455-5424

Web: <https://bit.ly/peggysnv>

If you're in foster care in Clark County, Peggy's Attic might have what you need. It's a donation-based resource stocked with clothes, shoes, toys, diapers, toiletries, school supplies, and more—available at no cost to youth in care.

You can't just walk in and browse whenever you like, but your foster parent or case manager can help you set up a visit to check out what's available. The items rotate often, so there's always a chance you'll find something useful.

Street Address:

701 N. Pecos Rd. Las Vegas, NV 89101





ST. JUDE'S RANCH

Hours: Open 24 hours

Phone 1: 702-436-1624 X 227

Phone 2: 702-998-1992 X 523

Web: <https://stjudesranch.org>

St. Jude's has a therapeutic residential foster care program, as well as a sibling-reunification program.

While your case manager likely knows St. Jude's programs, it's worth bringing them up if you think they'd be a good fit, or if you aren't getting what you need from your current situation.

Three Locations:

- ~ 5005 Mcleod Dr. LV, NV 89120 ~
- ~ 2685 S. Rainbow Blvd. #112, LV, NV 89146 ~
- ~ 100 St Jude's St., Boulder City, NV 89005 ~



SAFE OPTIONS

Relationship Violence, Sexual Assault, Human Trafficking, Stalking, & More

When you're already facing challenging circumstances, having to deal with matters of personal violence can seem unthinkable.

Unfortunately, statistics suggest many of the youth that pick up this guide will need the resources listed on the next few pages at some point during their lives.

When it comes to relationship violence, at least 1 in 7 men, 1 in 4 women, and 1 in 3 non-cis people will be victims of it at some point during their lives.

While relationship violence reaches all walks of life, it does tend to have a tendency to escalate more quickly among those in difficult and high-stress situations (like when you're with a partner seeking housing, or low on supplies) .

We urge you: if you unfortunately end up having an experience that one of these agencies can help you with, or a person they can keep you safe from, please contact them and get their help.



BE A SHERO

Hours: Mon-Fri 9am - 4pm

Phone: 844-677-4376

Email: info@sherofoundation.org

Web: <https://sherofoundation.org>

Be A Shero offers immediate help for anyone impacted by sex trafficking. Their SHERO Sanctuary gives survivors transitional housing, travel support, medical care, counseling, and essentials like food, hygiene kits, or clothing until they're stable enough to move on.

Their Mobile Sanctuary goes directly to where survivors are—on the streets or in high-risk areas—and provides intake, counseling, health screenings, and emergency help for those who aren't ready or able to come into a shelter.

Trafficking Help Hotline: 702-936-4004.

Street Address:

8989 W. Flamingo Rd, LV, NV 89147





CUPCAKE GIRLS

Hours: Mon-Fri 9am - 5pm
Appointments required

Phone: 702-879-8195

Web: <https://thecupcakegirls.org/>

Cupcake Girls provides support to those involved in the sex industry, including outreach, advocacy, and resource referrals for individuals affected by sex trafficking.

While many of their program spots fill quickly, they generally maintain support groups, a “free store” with clothing and hygiene items, and a financial grants program year-round. Services are confidential, and designed to meet individuals where they’re at—without judgment.

Street Address:

3110 S. Valley View Blvd. Ste 201, LV, NV 89102



THE EMBRACING PROJECT



Hours: Mon-Fri 9am - 5pm

Phone: 702-463-6929

Email: tep_info@rop.com

Web: <https://theembracingproject.org/>

The Embracing Project provides classes, activities, workshops, and services to young people who have been affected by trafficking or violence.

Their work is designed to help young people in need through the specialized programs, trauma-informed care, and unconditional support

They operate both a drop-in center and a residential living program.

Street Address:

800 E. Charleston Blvd., LV, NV 89104

LVMPD VICTIM SERVICES



Phone: 702-828-2955

Web: <https://bit.ly/702victims>

Email: VictimServices@lvmpd.com

LVMPD's Victim Services Section offers free crisis help and guidance to anyone impacted by crime, including teens and youth affected by violence, assault, burglary, or trafficking.

They connect you with what matters most: emotional support, safety planning, counseling, advocacy, and access to local resources. If something bad happens, calling Las Vegas Police's V.S.U, can get you matched with someone who understands and can walk with you through each next step.

Contact:
702-828-2955



THE SALVATION ARMY



Hours: Mon-Fri 8am -12 pm &
12:30pm - 4:30pm

Phone 1: 702-649-8240 X 230

Phone 2: 702-870-4430

Seeds of Hope helps young adults who've experienced sex or labor trafficking. They offer safe, short-term shelter, and when space is available, can help move youth into longer-term housing quickly.

You'll have access to basic needs—meals, hygiene supplies, clothes—and health services, dental care, counseling, and education planning. You can meet with someone all told who makes sure you're OK emotionally and helps you figure out what's next—jobs, back to school, or just getting stable.

If you're stuck, escaping from a trafficking situation, or need help staying safe, this is the one place designed to keep you safe and supported.

Street Address:

2900 Palomino Lane, LV, NV 89107





THE SHADE TREE

Hours: 24 Hours
Phone: 702-385-0072
Web: <https://theshadetree.org>

If you're a young woman (18+) escaping relationship abuse, trafficking, or a violent home situation, The Shade Tree offers emergency shelter, food, clothing, medical care, and other services. T

They understand how hard it is to leave, especially when you don't have a safe place to go. Staff can help with trauma recovery, legal advocacy, and figuring out your next steps.

Youth under 18 must be with a female parent or guardian. Call or text first—don't just show up.

Crisis Line | 855.385.0072 | *Accepts Calls & Texts*



SIGNS OF HOPE



Hours: Mon-Fri 9am - 5pm

Phone: 702-936-4004

Email: community@sohlv.org

Web: <https://sohlv.org/>

Signs of Hope supports victims of sex trafficking, labor trafficking, and other forms of exploitation, regardless of gender or citizenship status.

The organization provides services to victims of human trafficking and exploitation. Their programs offers crisis response, safety planning, relocation assistance, case management, counseling, housing assistance, and more

Street Address:

801 South Rancho Drive, Ste. C-3 LV, NV 89106

ST. JUDE'S RANCH



Hours: Open 24 hours
Phone 1: 702-436-1624 X 227
Phone 2: 702-998-1992 X 523
Web: <https://stjudesranch.org>

Victims of trafficking between the ages of 10-24 can find help with St Jude's Ranch for Children.

Their clients receive wrap-around support services and case management, as well as safe housing, education counseling, and access to therapy, job training, transportation, support services, and an individualized plan for independence.

Youth can access these St. Jude's locations to complete a housing assessment for coordinated entry.

**Call to find the location that's best for you,
and to make an appointment.**





Education

School Enrollment, GED Resources, Earn-While-You-Learn-Programs, & More

If you're in survival mode, or just worried about getting through the next few weeks, we understand that school might not feel like a top priority right now—especially if you're skimming this guide for help with more urgent needs.

But this section isn't just about earning a diploma—though we do encourage you to stay focused and “get the piece of paper.” A high school diploma (or a GED) opens far more doors than trying to get by without one. It's not fair, but it's true: you'll usually get paid more, treated better, and offered more chances when you've got that credential in hand.

There are organizations across Nevada that understand not everyone fits into the same system. Some offer programs that help you earn while you learn. Others focus on building real-world job skills, helping you stay on track toward the future you actually want—not just the one life seems to be pushing you toward.

Whatever you're facing, remember: you weren't meant to just survive. You deserve a shot at stability. At independence. At thriving.

Our community does have tools to help you get there, and this section is a good place to start.



NEVADA ADULT EDUCATION

NEVADA

ADULT EDUCATION

Hours: Mon-Fri 8am - 5pm

Phone: 775-687-7287

Email: kjwastun@doe.nv.gov

Web: <https://bit.ly/nae-contact>

Thanks to Nevada Adult Education, if you're 18 or older or 16+ and officially recognized as being 'out of school', you can enroll in free adult education programs across Nevada.

These programs help with basic reading, writing, and math, prepare you for your High School Equivalency (HSE), and offer English language classes if you're learning to speak or read English better.

**Contact Kendra Wastun for more information
at the email address listed above.**

LAS VEGAS - CLARK COUNTY LIBRARY DISTRICT



FREE TO BE

Hours: Mon-Thu 10am - 8 pm &
Fri-Sun 10am - 6pm

Phone: 702-507-3465

Web: <https://bit.ly/lvlearn>

The Clark County Library District offers several free education options—including a High School Equivalency (HSE) program, which is Nevada's version of a diploma-alternative.

After passing all HiSET tests, you'll be issued an official HSE certificate by the state.

**Use the phone number or bit.ly-link above
for more information on earning your HSE.**





SALVATION ARMY

Hours: Mon-Fri 8am-4:30pm
Phone: 702-701-5347
Web: <https://bit.ly/salv-lie>

The Salvation Army's *Vocational Program* helps individuals gain employable skills that lead to self-sufficient, independent living.

The services they offer include career planning, job search & referrals, employment-related training & certifications, resume writing, and much more.

This includes specific career-track trainings for industries including culinary work, hospitality positions, and truck driving (among others).

**Call the number above,
or email this account for more details:
vocationalserviceslv@usw.salvationarmy.org.**





Hours: Hours vary by location
Phone: 702-822-4200
Web: <https://employnv youthhub.org/>

Employ NV's Youth Hub is a dedicated program for ages 16 to 24, providing them with access to paid internships, professional networks, job training, career coaching, and other forms of career-forward support.

Qualified participants can receive training scholarships, paid on-the-job internships, pre-apprenticeship placements, virtual reality career simulations, and help building resumes or covering interview costs .

If you're ready to earn while you build toward something better, reach out and get connected—this program changes lives.

Visit <https://employnv youthhub.org> for more info!



YOUTH BUILD AT CHICANOS POR LA CAUSA



Hours: Mon-Fri 8am - 5pm

Phone: 702-207-1614

Email: lasvegasinfo@cplc.org

Web: <https://bit.ly/youthbuildlv>

YouthBuild Las Vegas is a two-track opportunity that helps young adults earn their diploma or GED while gaining paid, hands-on job training in high-demand careers.

Participants choose career tracks like construction, welding, healthcare (CNA), or IT, and earn industry certifications. Training includes real-world projects like building affordable homes. Youth are paid ~\$15/hr during the program.

Street Address

555 N. Maryland Pkwy, LV, NV 89101

OTHER RESOURCES

Looking Out & Looking Ahead

Sometimes just staying in motion—putting one foot in front of the other—is what keeps you going. Other times, it's stepping back, resetting, and letting yourself focus on something different that makes the biggest difference.

This guide has helped cover the basics: food, shelter, healthcare, safety. But if you've made it this far, it might be time to think beyond survival.

The programs on the next few pages might not seem urgent, but they offer something bigger—ways to build stability, develop your skills, and get access to real opportunities.

Leadership training, life skills, creative outlets, and more—they're not just distractions (though they can be incredibly helpful and rewarding ones to engage in when everything else seems to be going wrong). They're also the start of something better.

Even if you're unsure, we hope you'll check some of these nonprofits and their programs out.

You're likely to find a lot more than you expect!



BATTERIES INCLUDED



Hours: Mon-Fri 9am - 5pm

Phone: 702-229-6113

Email: tmanor@lasvegasnevada.gov

Web: <https://bit.ly/batterieslv>

Batteries Included is a free youth leadership and career-readiness program run by the City of Las Vegas. Students join school- or center-based teen councils to build skills in leadership, public speaking, college prep, and job readiness.

Councils meet after school for workshops, service projects, field trips, and special events. Participants get help with resumes, scholarships, and career goals—and may qualify for internships or paid part-time work through city programs.

The project operates at 10 high schools + 6 community centers (call or email for your nearest site), so call or email the contacts above to find specific locations that will work for you.



LEADERS IN TRAINING

Hours: Mon-Fri 9am - 5pm

Phone: 702-449-0703

Email: mgomez@litlv.org

Web: <https://www.litlv.org/>

Leaders In Training is a nonprofit that supports first-generation college students, helping them to become leaders while preparing to be the first generation of their family to attend a university.

With LIT, you'll join a group of students working toward something bigger, get hands-on support from adults who've been through it, and grow skills that help in college, work, and life. If you're ready to step up, show up, and work toward something real, this is a place where you'll be seen, supported, and expected to succeed.

To apply to LIT, stat by completing this form:
<https://bit.ly/litlvapp>





REAL TALK YOUTH IMPACT



Hours: Mon-Fri 9am - 5pm

Phone: 702-625-2417

Email: info@realtalkyip.org

Web: realtalkyip.org/our-program/

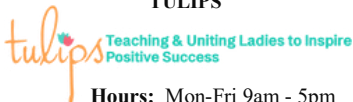
Real Talk is a free program for youth ages 8-18 that seeks to create a positive change in the lives of children and their families through education and extracurricular activities.

Participants of Real Talk are expected to attend four monthly "Change One" meetings to hear from monthly guest speakers. In return, they can qualify for assistance paying for fees for sports programs, art classes, and other activities.

Street Address:

1300 S Jones Blvd, Las Vegas, NV 89146

TULIPS



Hours: Mon-Fri 9am - 5pm

Phone: 702-449-0719

Email: mytulipslv@gmail.com

Web: <https://mytulips.org/>

TULIPS is a free mentorship and leadership program for girls and young women. Participants are matched with professional women who help them build confidence, communication, and life skills through workshops, group sessions, and events.

Topics include college prep, financial literacy, wellness, and advocacy. Mentoring happens year-round, with community projects and youth-led initiatives.

Street Address:

205 W. Centennial Pkwy, #130, NLV, NV 89031





Hours: Mon-Fri 9am-5pm

Phone: 702-703-6529

Web: : <https://projectrealnv.org/adulting>

In addition to helping produce this guide, there's another Project REAL book that can help you a lot!

It's called **Adulting 101** and it provides over 200 in-depth lessons on things like paying bills, paying taxes, getting work, accessing free programs, working with social workers, getting help from lawyers, and domestic violence.

While Project REAL doesn't maintain a walk-in policy, all youth seeking help with any topics in the guide (and even those not in the guide but related to them) can reach out for direct assistance here:

702.703.6529 or info@projectrealnv.org





Image & Content Disclaimer

This guide is provided as a free public resource for at-risk and unhoused youth in Las Vegas. It is intended for informational purposes only.

All nonprofit names, logos, and descriptions are included solely to help readers identify and understand available services.

Images in this guide may include public screenshots, representative photos, AI-generated actors, or fair use materials selected to support public awareness.

All images were selected to encourage use of the services being indexed here by anyone who needs them, and that they can be accessed with easily and with dignity - sometimes, we just need help after getting knocked down.

These images do not necessarily depict actual service locations, staff, or individuals. Inclusion of an organization does not imply endorsement or affiliation.

If your organization is featured and would like us to update or remove content in future editions or online versions, please contact us at

702.703.6529 or info@projectrealnv.org

LIBRARIES CLOSE AT NIGHT.
PHONES RUN OUT OF BATTERY POWER.
NOT ALL WEBSITES ARE EASILY READ ON MOBILE.
WHEN YOU'RE IN A TOUGH SPOT,
AND HAVE SOME TIME TO SIT, THINK, AND PLAN,
THIS GUIDE CAN HELP YOU FIND YOUR WAY.

WHETHER YOU DON'T HAVE A BED TONIGHT,
ARE PASSING FROM COUCH-TO-COUCH,
OR JUST NEED TO BE READY FOR THE WORST
WHILE HOPING FOR THE BEST,
THIS GUIDE IS HERE TO HELP.



Youth Excellence & Achievement
Through REAL Law Experiences

702.703.6529

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